

"PARDON MY DUST" TRACK & FIELD

Track and Field Meet for boys and girls ages 8-13 as of May 24, 2016

WHEN: Tuesday May 24, 2016

WHERE: Turner Ashby High School

TIME: 5:00-5:45 p.m. (Softball Throw and Long Jump events)

6:00 p.m. – until (Track events)

****DEADLINE TO REGISTER IS WEDNESDAY MAY 17, 2016****

**MAIL TO: Rockingham County Parks and Recreation
20 East Gay Street, Harrisonburg, VA 22802**

FAX TO: (540) 574-5179

PRINT NAME CLEARLY	Telephone
Street	Birthdate
City/State/Zip	E-mail

Participants can enter EITHER two track and one field OR two field and one track event.

BOYS 8-9

Please check only events entered:

- 40 yard dash
- 100 meter
- 200 meter
- 400 meter
- 1600 meter
- Long jump
- Softball throw

BOYS 10-11

Please check only events entered:

- 40 yard dash
- 100 meter
- 200 meter
- 400 meter
- 1600 meter
- Long jump
- Softball throw

BOYS 12-13

Please check only events entered:

- 40 yard dash
- 100 meter
- 200 meter
- 400 meter
- 1600 meter
- Long jump
- Softball throw

GIRLS 8-9

Please check only events entered:

- 40 yard dash
- 100 meter
- 200 meter
- 400 meter
- 1600 meter
- Long jump
- Softball throw

GIRLS 10-11

Please check only events entered:

- 40 yard dash
- 100 meter
- 200 meter
- 400 meter
- 1600 meter
- Long jump
- Softball throw

GIRLS 12-13

Please check only events entered:

- 40 yard dash
- 100 meter
- 200 meter
- 400 meter
- 1600 meter
- Long jump
- Softball throw

KEEP THIS PORTION FOR YOUR RECORDS

1. Write down your child's events _____
2. Your child's age as of May 16, 2015 _____
3. If you are participating in the softball throw or long jump, events will be from 9:00-9:45am.
4. If you are participating in the track events they will begin at 10:00am, wait for your event and age group to be announced.
5. Participants CANNOT change or switch events after registration.
6. NO Spike shoes are permitted.
7. Parents are to remain behind the fence during the entire meet. Only participants allowed on the track and field.

